

Johnson County Livable Communities

Transitions Workgroup

RESOURCES

PLAN YOUR FUTURE

Johnson County Livable Communities Forum

**RESOURCES FOR LEGAL, MEDICAL AND PRACICAL IMPLICATIONS
REGARDING ADVANCED DIRECTIVES AND CARE PLANNING**

(Resources that do not include a URL can be found easily via Google.)

NATIONAL HEALTHCARE DECISIONS DAY:

www.nationalhealthcaredecisionsday.org/takeaction/advance_directive

What is an advance directive?

How can I learn more about advance directives/advance care planning?

Links provided explore a variety of resources to help make, discuss and document future healthcare wishes and decisions.

AARP:

END-OF-LIFE PLANNING

AGING WITH DIGNITY:

FIVE WISHES

AMERICAN BAR ASSOCIATION:

Tool Kit for Health Care Advance Planning; 10 Legal Myths About Advance Medical Directive

**AMERICAN BAR ASSOCIATION COMMISSION ON LAW AND AGING FOR THE
NATIONAL HOSPICE AND PALLIATIVE CARE ORGANIZATION:**

Legal Guide for the Seriously Ill: Seven Key Steps to Get your Affairs in Order.

Pages 14 – 19 *Make a Plan to Manage Your Health and Personal Decisions.*

Pages 46 – 50 *Get Your Legal Documents in Order*

AMERICAN HEALTH LAWYERS ASSOCIATION:

Guide to Legal Issues in Life Limiting Conditions

AMERICAN HOSPITAL ASSOCIATION:

Put It In Writing: Questions and answers on advance directives.

CARING CONNECTIONS:

Advance Care Planning: Financial Information; Planning Ahead Checklist;

Free Brochures; *Conversations for Young Adults*, a starting point for young

adults and their families to talk about topics like organ donation, do-not-resuscitate orders, and serious illness; offers free state-specific advance directives for all 50 states and DC that meet the legal requirements for each state. Download individual copies or call 800-658-8898.

CENTER FOR PRACTICAL BIOETHICS:

Caring Conversations Workbook - help individuals and families communicate with each other about their health care preferences and contains advance directive documents.

GUNDERSON LUTHERAN:

Making Choices: Planning in Advance for Future Healthcare Choices: Information Booklet; Planning Guide

IOWA STATE BAR ASSOCIATION

<http://iabar.net/displaycommon.cfm?an=1&subarticlenbr=134>

Consumer Pamphlet Series: The Iowa State Bar publishes a variety of consumer information brochures and pamphlets to help educate the public about legal issues. Although the pamphlets are designed to inform the public, they are not designed to give advice on any specific legal matter.

[Do You Need A Will?](#)

[Guardianship and Conservatorship Handbook](#)

[Living Wills](#)

[Older Iowans' Handbook](#)

[Powers of Attorney for Health Care Decisions](#) (with forms)

[Probate](#)

[What Is A Living Trust?](#)

IOWA: OWN YOUR FUTURE: PLANNING GUIDE FOR LONG-TERM CARE

www.longtermcare.gov

Planning Options for your Future; Information on the new Iowa Partnership for Long-Term Care; Understanding Long-Term Care Financing; Healthy Aging and Staying Home

MAKING THINGS EASY FOR MY FAMILY:

Prepared by Solon Senior Advocates, PO Box 136 Solon, Iowa 52333-0136. Excellent tool for organizing last instructions for family members – business affairs, belongings, desires. Can be purchased for \$3.00.

NATIONAL INSTITUTE OF HEALTH

Nihseniorhealth.gov – a wealth of information.

Conversations After Diagnosis - In Case of a Serious Illness

NATIONAL RESOURCE CENTER ON PSYCHIATRIC ADVANCE DIRECTIVES:

Offers general and state-specific information on psychiatric advance directives.

PROJECT GRACE:

Offers a free Advance Care Planning Document that is legally valid in states that do not require forms to be notarized. Download for free, or call 877-994-7223.

YOUNG LAWYERS DIVISION OF THE IOWA STATE BAR ASSOCIATION:

Handbook for Older Iowans: A Legal Information and Resource Guide

Making Things Easy For My Family - by Solon Advocates (Larry Meister)

University of Iowa Legal Clinic presents..Power of Attorney, Living Wills and Other Advanced Directives- Len Sandler, Clinical Professor of Law. (Medical and Financial)

DRIVING

1) Family conversations with older drivers. *Safe Driving for a Lifetime.*

[We need to talk...](#)

An award-winning publication from The Hartford regarding talking with an older family member or friend about their driving.

[Warning Signs For Older Drivers](#)

Families can use this list from the Hartford Foundation as an objective way to monitor any changes in driving skills over time. Written notes of observations can help you make informed decisions and may be useful in conversations with healthcare providers.

2) Older Driver Information—Resources, guides, workbooks and informational brochures from the State of Iowa Department of Transportation

Planning for transition for an older driver **[Driving Retirement](#)**

Guide for family members of older persons with Dementia or Alzheimer's disease **[Driving with Diminished Skills](#)**

Renewing your driver's license can be stressful for older person, worrying about the vision screening and/or the knowledge skills with a driving test. **[Driver's License Renewal in Iowa](#)**

Why be concerned about seniors' mobility? **[Older Drivers & Risk](#)**

Guide to refresh driving knowledge of safe driving rules and practices. This workbook includes questions on Iowa law, rules for safe driving, and the meaning of signs. **[Senior Driver's Information Guide](#)**

3) AAA Foundation for Traffic Safety

Another website with useful information and suggestions for older drivers and their families is maintained by the AAA Foundation for Traffic Safety at this site: **www.seniordrivers.org/home/index.cfm**

On this site, there is a webpage (**www.seniordrivers.org/notdriving/notdriving.cfm**) for concerned family members with two helpful Foundation publications addressing driving ability and surrendering the keys; both are available in PDF versions for easy printing.

One booklet is designed for the older driver to assess their own performance with a self-rating form of questions and facts on safe driving.

4) Worried that a family member's driving skills may be diminishing? Here's how to assess the situation.

"Keeping Loved Ones Safe on the Road" by Elinor Ginzler

<http://www.aarp.org/home-garden/transportation/>