

## Resources for Older Drivers, Their Families and Friends

Source: The University of Iowa Center on Aging, [www.centeronaging.uiowa.edu](http://www.centeronaging.uiowa.edu)

1) **The Hartford** has several free publications on family conversations about driving safety:

*We Need to talk...*

<http://hartfordauto.thehartford.com/Safe-Driving/Expertise-On-Getting-Older/Publications-And-Resources/>

*Warning Signs For Older Drivers:* Families can use this list as an objective way to monitor any changes in driving skills over time. Written notes of observations can help make informed decisions and may be useful in conversations with healthcare providers.

<http://www.centeronaging.uiowa.edu/Info%20and%20Resources/monitor-evaluate%20older%20drivers.pdf>

2) **The University of Iowa Center on Aging** identifies Iowa programs that can evaluate an individual's ability to continue driving independently, whether they can become an independent driver, or if an individual needs adaptive equipment to drive.

<http://www.centeronaging.uiowa.edu/Info%20and%20Resources/DrivingPrograms.shtml>

3) **National Center on Senior Transportation**

The following resources are available as free downloads at this URL:

[http://seniortransportation.easterseals.com/site/PageServer?pagename=NCST2\\_homepage](http://seniortransportation.easterseals.com/site/PageServer?pagename=NCST2_homepage)

- Hanging Up the Keys? Options When Driving Retirement Becomes a Crisis
- Personal Profiles: Older Adults Who Have Transitioned from Private Automobile to Public Transit Use

4) AARP

*Guidelines on when to stop driving*

[www.aarp.org/families/driver\\_safety/driver\\_safetyissues/a2004-06-21-whentostop.html](http://www.aarp.org/families/driver_safety/driver_safetyissues/a2004-06-21-whentostop.html)

*Do your driving skills need a tune-up?*

[http://www.aarp.org/home-garden/transportation/we\\_need\\_to\\_talk/](http://www.aarp.org/home-garden/transportation/we_need_to_talk/)

5) AAA Foundation for Traffic Safety

Two helpful AAA Foundation publications address driving ability and surrendering the keys. Both are available in PDF versions for easy printing. One booklet helps the older driver assess their own performance with a self-rating form of questions and facts on safe driving.

See this URL: [www.seniordrivers.org/notdriving/notdriving.cfm](http://www.seniordrivers.org/notdriving/notdriving.cfm)

6) **State of Iowa Department of Transportation**

Resources, guides, workbooks and informational brochures for older drivers:

*Driving Retirement:* Planning for transition for an older driver

<http://www.iowadot.gov/mvd/ods/drivingretirement.pdf>

*Driving with Diminished Skills*: Guide for family members of older persons with Dementia or Alzheimer's disease

<http://www.iowadot.gov/mvd/ods/diminishedskills.pdf>

*Driver's License Renewal in Iowa*: Renewing your driver's license can be stressful for older person, worrying about the vision screening and/or the knowledge skills with a driving test.

<http://www.iowadot.gov/mvd/ods/dlrenewal.pdf>

*Older Drivers & Risk*: Why be concerned about seniors' mobility?

<http://www.iowadot.gov/mvd/ods/olderdrivers.pdf>

*Senior Driver's Information Guide*: Guide to refresh driving knowledge of safe driving rules and practices. This workbook includes questions on Iowa law, rules for safe driving, and the meaning of signs. <http://www.iowadot.gov/mvd/ods/senior.pdf>