

Livable Community For Successful Aging

Promoting programs for successful aging in
Iowa City and surrounding communities

1556 1st Avenue – Ste. A – Iowa City, IA 52240 - (319) 338-0515

www.livablecommunity.org

johnsoncounty@livablecommunity.org

Johnson County Livable Community (JCLC) is an initiative of the Johnson County Board of Supervisors. Its 16-member Policy Board partners with organizations and businesses to address and facilitate personal independence and an active civic and social engagement for Johnson County residents.

Livable Community: What is it?

A Livable Community offers affordable and appropriate housing, adequate mobility options and supportive community features to allow older adults opportunities to engage in community life.



A Livable Community has

- Quality health care facilities
- Reliable public transportation system and mobility options
- Variety of housing types
- Safe and secure environment
- Accessible information about services
- Educational, creative and social opportunities
- Access to shopping
- Physical environment fostering accessible walking
- Opportunities for recreation

The Johnson County Livable Community advocates for and promotes programs to allow people to age successfully in the Iowa City area and surrounding communities.

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Message from the Chair Recently, Iowa City was ranked second in the nation for volunteerism for mid-sized cities in the Volunteering in America report and Iowa, as a state, ranked second in the nation for volunteerism rate. To me, this is no

surprise. I see the dedication and commitment of volunteers and community members on a daily basis and it is amazing. I would like to express my incredible gratitude to the many volunteers who serve on Livable Community committees and who commit their time and talents to making our community a place to grow up and grow old successfully!

Patti Fields

" PAGE TWO "

IN-THE-COUNTY



Editor's Note: This page is dedicated to covering Johnson County community activities OTHER than in Iowa City/ Coralville.

Public submissions are welcome! Send information to the JCLC office.

WELCOME...

TO RURAL JOHNSON COUNTY !

Mission Statement:

Enhance the quality of life for people in Johnson County by providing exceptional public services in a collaborative, responsive and fiscally-accountable manner.

An eight-page document "**WELCOME TO RURAL JOHNSON COUNTY**" provides information for rural residents about: 1) Roads and Access; 2) Utility Services; 3) Property laws; 4) Animals in the Rural Area; 5) Agriculture; 6) Phone Numbers for Services.

To access the booklet, go to http://www.johnson-county.com/dept_supervisors_pdf.aspx?id=2175

Johnson County Board of Supervisors Web site



completely responsible for the operation," says Sandy Hanson, president of the Advocates. The Solon City Council approved the request and reimbursement for volunteer expenses at its June 2 Council meeting. Delivery will be available up to 5-days-per-week.

Marie Kroul Named Solon Senior of the Year

(reprinted from the Solon Economist)

SOLON- The Solon Senior Advocates have selected Marie Kroul as Solon's Senior of the Year for 2010. Marie is a lifetime resident of Solon and has been active in Solon schools, serving in numerous roles and activities. "She has contributed to the community in many other ways and is a worthy recipient of this recognition for her long and unstinting service," said Senior Advocates representative Sandy Hanson.

Marie was honored with an award presented by Mayor Rick Jedlicka at the Solon City Council meeting Wednesday, May 5, at the Solon Public Library.

May has been nationally recognized as Older American's Month since President John F. Kennedy's designation in 1963. According to the U.S. Census Bureau, people age 65 and above make up more than 13 percent of the country's total population.

"Meals & a Movie"

is a partnership with the Solon Public Library and Solon Senior Advocates. Our head librarian wished to have movies for seniors, but is way too busy a lady to take that on. I volunteer there two days a week and thought the Solon Senior Advocates could provide entertainment for our seniors while keeping our Old Gold Senior Dining site in the loop.

The Senior Advocates have also provided van trips to various places of interest for about five years using our Senior Advocate van. We visit museums, take in Mennonite meals in Kalona, travel to casinos, arboretums, and often dine at local restaurants. We took two vans to a recent Kernel's "Star War's" game complete with fireworks which was enjoyed by all.

We received a grant from United Way to cover van trips for a year ending in October that allows our seniors to travel free of charge. We welcome seniors from other areas. Our monthly newsletter that contains up-coming events and information for seniors is inserted into "The Economist" newspaper. The Old Gold Dining monthly menu is on the reverse side. Below is some info on our "Meal & a Movie."

Friday, July 30, the Senior Advocates will have a catered meal from Old Gold Senior Dining at the Solon Public Library at 11:30 a.m. Following dining we will view the movie, "Little Miss Sunshine."

Living and Learning at the Johnson County Fair 2010

SENIOR DAY AT THE FAIR – July 28

Come visit **LIVABLE COMMUNITY** at the **Johnson County Booth** at the Fair on Senior Day – July 28

Also - **Bill Riley's Iowa State Fair Talent Search**
Johnson County 4-H & FFA Fair Local Show -
Wednesday July 28, 2010 • 7 p.m. • Variety Tent Stage

Solon Senior Advocates deliver meals: In-town delivery of senior dining meals will be handled by Solon Senior Advocates starting July 1 after SEATS discontinues this service in the town. "We will be

We hope to make this activity a monthly event, catering lunch from various local restaurants. Old Gold Dining meals are \$3 for seniors and \$4 for those under 60-years of age. The movie is free. Call 319.624.2710 for information or to make a reservation.

Sandra Hanson, Solon Senior Advocates

SOLON HISTORY BOOK ON SALE! The Solon pictorial history book, "**Solon Snapshots**" is now available. The book spans the years 1850-1950 in 150 pages of black and white photos with informational text plus interesting tidbits. A timeline of important events and an index of more than 700 names and places are included. The book sells for \$30 with mailed copies \$35 including shipping and handling. Call 319.624.2710 to order (or check Solon library for order form).



Hooverfest:
- West Branch
- Aug. 7.

Herbert Hoover National Historic Site. Activities are planned for all ages. Most begin at 10 a.m. Enjoy special entertainment, a safety village, more than 100 exhibitors/artists/crafters/food vendors and of course, the signature Hooverfest fireworks choreographed to music. It's free and it's fun! Bring lawn chairs. Take advantage of free parking and shuttle service. More information? www.hooverassociation.org Call 643.5327.

Lone Tree Museum Welcomes Visitors



The Lone Tree Historical Society Museum is now open. Hours are 1 to 4 p.m., Saturdays and Sundays. For an interesting and informative look at items showing the history of the Lone Tree vicinity and its people, stop in on a Saturday or Sunday afternoon until the end of October. The Museum is located at 203 S Devoe St, Lone Tree, IA 52755. The three-story home features country kitchen, country store, barbershop, antiques and farm equipment on display.

LONE TREE FALL FESTIVAL: - August 20 & 21 – Parade on Saturday, August 21, carnival, food and entertainment. Sponsored by the Lone Tree Chamber of Commerce.

Annual Swisher Fun Days
Downtown Swisher - August 6 & 7.



University Heights Chautauqua – Sunday,



August 29 - Fifth annual, popular Community Event at UH Melrose Avenue Park. Come celebrate University Heights' Diamond Jubilee 1935 - 2010, Parade, Chautauqua.

Old Settlers' Picnic - River Junction a.k.a. "Stump Town." Watch for details about the Annual Old Settlers' Picnic – Potluck picnic and entertainment usually held the Sunday after Labor Day at Walker Park in River Junction.

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Area Cited for Volunteerism

Iowa City has the **second highest volunteer rate in the nation** among cities its size, according to a government service group report.

The Corporation for National and Community Service ranked Iowa City second among 75 mid-size cities for the city's volunteer rate. According to its annual report, "Volunteering in America," 50 percent of Iowa City area residents volunteered for some cause between 2006 and 2009.

Iowa has an average annual volunteer rate of 37.8 percent, with 884,000 volunteers serving 93.7 million per year. In addition, Iowa's college volunteer ranking increased from 32nd to No. 2 in the country, and the rate of mentoring adults jumped from No. 17 to No. 5 in the nation, the report said.

Older Adult Volunteer Rate: Between 2007 and 2009, the average national volunteer rate was 23.7 percent per year. During the same timeframe, average Older Adult volunteer rates for states ranged from 16.8 to 40.6 percent. Rankings are based on a three-year moving average. **The State of Iowa ranked No. 5 in the nation with 37.6 percent of Older Adults being active volunteers.** *

Source: The Corporation for National and Community Service
<http://www.volunteeringinamerica.gov/rankings/States>

(Editor's Note): Locally our area **RSVP Program** provides people 55 and older with opportunity to use their life experience to meet community needs...Contact RSVP

Director Joan Cook for details or to sign up – jcook@elderservicesinc.com The RSVP office will be relocated to the Elder Services office at 1556 1st Ave. Iowa City effective August 1st. Phone – 338-0515.



UPDATES

TV PROGRAMS on local aging issues – by Iowa City Community Television Service and the Johnson County Livable Community

Several TV programs were locally produced by local JCLC volunteers in late spring and are being shown at varying times on your community's local access TV stations. JCLC thanks Ty Coleman of CTS for all of his good work.



Check your community for program scheduling. (In Iowa City CTS is Channel 4; in Coralville, Channel 5.). Check North Liberty/Lone Tree schedules. The programs and subjects are:

TALKING WITH YOUR PHYSICIAN:

“Talking with Your Physician.” Features two physicians who are local geriatric specialists – Dr. Rick Dobyns and Dr. Paul Mulhausen.

PLAN FOR YOUR FUTURE: END OF LIFE CARE

“A Planning for Your Future.” A primer on planning end-of-life care, things to be taken care of and the practicality of planning ahead.

TRANSPORTATION

“Transportation Services in Johnson County.” Focuses on the variety of transportation options for older adults in Johnson County and how to access them.

CHORE SERVICES

“Chore Services to Meet Needs.” How to get help with a helping hand to assist with needed home upkeep and chores. Area Chore Services providers describe available help.

EMPLOYMENT

“Interview Tips for the 50-plus Job Searcher.” The Johnson County Livable Community Employment Action Team produced the program that features tips for job searchers.

LIVABLE HOUSING

A televised in-home interview and show features Carol Thompson and Ernie Nicholas' new home that illustrates Universal Design features to make life easier and more comfortable – now and in the future. Their home is one of the first homes in this area to qualify for the “Homes for Life Certification” now offered by area Home Builders Association.

The Disaster Preparedness Action Team is pursuing two activities. One is an educational forum with city officials of towns in Johnson County focusing on

procedures for disaster preparedness for the aging and persons with disabilities. Secondly, the work group also plans to create brochures about disaster preparedness to educate members of households how to be prepared, including emergency preparedness kits, and medication concerns in emergencies.

Submitted by Regina Galang – Access 2 Independence

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The ADA's 20th Anniversary Celebration: July 24, 2010

The ADA celebration will be at the Pedestrian Mall on **July 24, 2010**, from **1 to 4 p.m.** Featuring music, speakers, vendors and fun in store for the afternoon! Keynote speaker will be Senator Tom Harkin. The Americans with Disabilities Act protects the civil rights of millions of Americans with physical and mental disabilities.



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Housing Action Team

WHEELCHAIR RAMP

ACCESSIBILITY PROGRAM



The Housing Work Group of JCLC is working to establish a W.R.A.P. program in

Johnson County. The mission of W.R.A.P.: Develop and maintain a program that will provide affordable, flexible home access on a timely basis for those in need. Interested persons who desire to help with this project are invited to attend.

Representatives of the Linn County WRAP program will be present to assist Johnson County take another positive step forward. It is anticipated many persons and organizations will step forward to help. For further information contact Bob Welsh, 354-4618 or welshbob@aol.com.



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Intergenerational Action Team

WII BOWLING:

The Intergenerational Work Group of JCLC will sponsor a WI Bowling Tournament at the Iowa City/Johnson County Senior Center from 3:30 – 5 p.m., Friday, August 13. For this event, seniors are invited to join members of the Children of Promise and their mentors. Details are now in the planning stage. Planners anticipate there will be two or three simultaneously games with cool drinks and ice cream being available.

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Employment in Johnson County:

Did YOU KNOW? There are more than 76,000 jobs in Johnson County, and only 42,000 of those are filled by Johnson County residents.

*Source: Peter Fisher, UI Urban & Regional Planning
(as reported in "Sullivan's Salvos")*

Employment Work Group Update:

Computer Training Opportunities for Seniors

The Employment Work Group continues its initiative to increase computer literacy among Johnson County seniors. The group seeks existing training opportunities, as well as partnerships to offer new programs. Watch this newsletter for training and class information for both free and tuition-based offerings.

Kirkwood Community College offers a class, *Computers for 50+* course series in late summer and fall. Classes are offered at two locations convenient for Johnson County residents – the Iowa City Learning Center located at 1810 Lower Muscatine Rd, and at the Center for Continuing Education located next to the new Kirkwood Hotel, 6301 Kirkwood Blvd. SW., Cedar Rapids. Complete course information and registration is available at www.kirkwood.edu/ce or by calling 1-800.332.8833.

University of Iowa Senior College - Fall

Session opening in September with eight courses includes: Religions: Judaism, Christianity, Islam; Advanced Football; Media and Politics; Intermediate Basketball; and International Literature. The two-hour classes meet once a week for four weeks.

Senior College is **For All Retired Persons**. It is sponsored by the Emeritus Faculty Association and the University of Iowa Retirees Association with support from the University of Iowa Alumni Association. For a listing of Fall courses and a registration form, contact **UI's Senior College** at www.iowalum.com/srcollege/ or call 319.335.3294 or Toll Free: 800.469.2586

TRANSPORTATION



A Unique & Welcome Gift For SEATS-eligible Seniors for yourself or for your favorite Senior. **Gift Pass Cards good for 10-rides with SEATS are available by calling SEATS at 339.6128 to purchase or to ask your questions about eligibility for your own special senior.**

Transportation Services in Johnson County



TRANSPORTATION SERVICES: A GUIDE for SENIORS: Transportation and Mobility Options in Johnson County – Livable

Community's NEW Transportation Services 12-page local book: Now in its 4th printing. Access your free paper copy at various sites/libraries, etc. - or check it out on our Web site: www.livablecommunity.org

Human Transportation

Forum: The Human Services Transportation Advisory Group's (HSTAG's) Marketing and Education Committee hosted the 2nd Community Transportation Forum on June 2, 2010. This full-day transportation event explored sustainable transportation practices, offered panel discussions of regional transportation providers and mobility managers and offered an introduction to Iowa's impending Medicaid Transportation Brokerage and offered ideas on how we can influence its development.

The event was well attended with representation from Benton, Iowa, Johnson, Jones, Linn and Washington Counties. Because transportation is essential to securing a variety of services, we weren't surprised by the array of providers and consumers that attended including: county public health workers, elected officials, healthcare providers and school administration. Of course, the aging and disability communities were well represented.

The HSTAG's mission is to coordinate convenient, reliable, affordable, accessible transportation services to residents of Benton, Iowa, Johnson, Jones, Linn and Washington Counties. The group believes that planning and hosting a transportation forum every other year is helpful, to share best practices, build partnerships and to educate providers. Other goals of the group include: maintain a Regional Transportation Resource Guide of providers (public, private, volunteer), develop travel training programs and offer education and outreach related to existing transportation and transportation programs.

If you have questions or would like to get involved with HSTAG, please contact Gina Johnson, Mobility Manager at gina.johnson@ecicog.org or call 319-365-9941 ext. 137.

(Gina is a member of the JCLC Transportation Work Group.)





From the Iowa Department of Transportation (DOT)

www.iowasafeandmobileseniors.com

Excellent source of information for the mature driver, family members and care-givers, Health Care professionals, Community Planners and Law Enforcement personnel.

September 19 – 25 is
Fall Prevention Awareness Week

FALL PREVENTION WORKGROUP

The Fall Prevention Workgroup has conducted a fall prevention awareness campaign that included three opinion articles in the Press-Citizen and one or more educational events related to each of the articles.

At present, the work group is focusing on ways to reach those attending the **Johnson County - County Fair during Senior Day, Wednesday, July 28**. Plans include:

- Offer Blood Pressure Exams (sitting and standing). The difference will help persons know if they are at risk of falling.
- Show persons of all ages a picture to examine to see if they can identify the six items that place a person at risk
- Arrange for a person (UI College of Nursing) trained to fit shoes to watch persons walk and provide tips about good fitting shoes. Samples of good fitting shoes will be available but none will be sold. Proper foot wear is important to prevent falls

Materials from the Johnson County Livable Community will be available at the Johnson County booth throughout the entire fair.

The Fall Prevention Work Group is now developing plans for Fall Prevention Awareness Week, September 19–25, 2010, and a grant writing group is exploring the possibility of submitting a Letter of Interest to Wellmark before the August 25, 2010, deadline.

This work group meets at the Visiting Nurses Conference Room, 2953 Sierra Court at 3:30 p.m. the 2nd Tuesday of each month. Interested persons are invited to join this workgroup led by Joyce Eland, Visiting Nurse Association.



******Coming Soon******

♪- To Your Living Room Television - ♪ ♪
“LIVABLE COMMUNITY LIVE!”

Your monthly source for news, views & entertainment

And it's a commercial-free show for seniors, about seniors and featuring co-anchor seniors Mary Anne and Hank Madden, Harriet and Mark Ginsberg, Bob Elliott and Vicki Lensing, Ginny and Fred Woodard, Katherine Burford and Dick Schwab, and Janelle Rettig and Terry Dickens. These well-known community personalities will bring you special guests, updates that you won't want to miss concerning Johnson County issues at the local and state levels of importance to seniors and so much more.

“Spontaneous Combustion,” a primo senior jazz band will set the pace for fabulous discussions and entertainment by senior performing artists.

And . . . you'll be the first to know what your Johnson County Livable Community action teams are doing to enhance our lives. Watch for time, channels and features on our Web site and in local papers this fall.

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Coming Soon to a Library Near You:

“ TCS ”

(Technology-Challenged Seniors)

It's “**Back To School**” for “Technology-Challenged Seniors” (**TCS**) this fall as our libraries in Solon, Lone Tree, Coralville, Iowa City and North Liberty partner with JCLC to make seniors comfortable with Computer Technology 101 at your community library. Staff and volunteers will make accessing the Web, e-mailing, using a keyboard, and even shopping, and job hunting online easy for you to learn in a non-threatening environment with your friends and neighbors. Watch for locales, times and registration information in the coming months.



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Washington Update:

ED. NOTE: The piece below, furnished by Tim Getty of Heritage AAA, reflects a change in national policy that affects seniors throughout the U.S. that came about as a result of the conversations taking place at the HUNGER AND AGING IN IOWA forum held at Kirkwood Community College in Cedar Rapids in May. Kevin Concannon, former Iowa DHS director and current National Under Secretary for Food, Nutrition, and Consumer Services with the Dept. of Agriculture, was a keynote speaker.

This forum was co-sponsored by Johnson County Livable Community, Heritage Area Agency on Aging, Kirkwood Community College and United Way of East Central Iowa.



Washington Update: Nutrition Services Incentive Program July 1, 2010

Message from Peggy Ingraham –
National Meals on Wheels Association
peggy@mowaa.org

Although the law explicitly makes meal programs eligible to receive bonus commodities through the Nutrition Services Incentive Program (NSIP), the U. S. Department of Agriculture (USDA) has denied Senior Nutrition Programs access to bonus commodities.

MOWAA and the Iowa Congressional delegation has invested time and energy to reverse this decision. This subject was addressed by Enid Borden, USDA Under Secretary Concannon and me at the Hunger Summit held in Cedar Rapids in May.

In 2009, USDA again denied Senior Nutrition Programs access to surplus commodities. Senator Harkin and Senator Pat Roberts (R-KS) drafted a bipartisan letter to the USDA Secretary Tom Vilsack indicating the USDA's decision was violated Congressional intent. The letter, signed by six senators

including Senator Grassley, requested the decision be reversed and commodities made available to meal programs. Congressman Dave Loebsack and seven representatives including Iowa Representatives Braley, Boswell and King, sent a similar letter to Secretary Vilsack in December 2009.

At the May Summit, I read a letter dated April 2010 from Secretary Vilsack denying the request, saying he placed a priority on programs that target low-income individuals.

Elderly meals programs, including Meals-on-Wheels, do not use a means test to establish eligibility. This response was not acceptable to MOWAA, and we vowed to keep working with our allies on Capitol Hill.

In May, Senator Roberts again interceded on our behalf, this time telephoning USDA Under Secretary Concannon to discuss the matter. Senator Roberts made his point!

In a letter dated June 25, 2010, the Under Secretary indicated in fiscal year 2011 he will allow a certain amount of bonus foods available to State Agencies on Aging that choose to receive all or part of their NSIP grant as USDA donated foods.

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Geriatric "E-News" from the University of Iowa.

Mission: Helping to prepare Iowa's health practitioners to care for our growing population of elders. *E-NEWS* is one of our methods of teaching through technology. Each month, *E-NEWS* delivers abstracts from current multidisciplinary healthcare journal articles related to a specific geriatric topic. This month's *E-NEWS* focuses on NON-PHARMACOLOGIC MANAGEMENT OF BEHAVIOR PROBLEMS IN DEMENTIA. To subscribe to *E-NEWS*, fill out the form on the following website:

<http://www.healthcare.uiowa.edu/igec/publications/e-news/default.asp>

Live Well - Plan Well Free Seminar ... The Iowa Insurance Division and Iowa Department on Aging is hosting a Live Well Plan Well seminar **Aug. 5th from 8:30 to 3:30 PM at the Hotel Vetro – 201 S. Linn - in Iowa City.** Seminar focus is on consumer and financial protection for older Iowans and other interested community members. There is **no cost to attend, and lunch is provided** Please register with your RSVP online at www.LiveWellPlanWell.org or by phone at 515-243-2000.

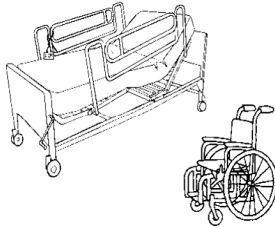
Do you have used hospital equipment to donate or sell?

Your quality used medical equipment is needed to help lowans in need improve their independence.



To donate*equipment

Easter Seals Iowa
505-289-1933 x222
TTY 515-289-4069
Fax 515-289-1281
www.eastersealsia.org
dbrustkem@eastersealsia.org



To sell your equipment

Iowa COMPASS
1-800-779-2001
TTY 1-877-686-0032

Most in demand:
Electric hospital beds,
wheelchairs, shower
benches, commodes

*Consult your tax advisor regarding tax deductability of your donation

As you do your seasonal cleaning (yes it really is that time of year) consider selling or donating your used assistive technology or medical equipment. If you have equipment like power or manual wheelchairs, adapted vans, walkers, shower chairs or benches, stair lifts, or raised toilet seats.... items that might be stored in your garage, attic, and basement...help get that equipment into the hands of those who need it.

To sell devices: Go online to www.iowacompass.org or call 1-800.779.2001. **The Used Equipment Referral Service (UERS)** will help you sell used equipment. This is a free service for buyers and sellers, provided by Iowa COMPASS and the Iowa Program for Assistive Technology. It works like the wanted ads in a newspaper, but for the whole state can check the list on the Web site or call in.

To donate devices: Contact Iowa Easter Seals Equipment Recycle Program at 515-309-2395 (phone) or 515-289-4069(TTD). They will clean up, repair and pass the equipment to lowans who cannot afford it.

*Submitted by Jane Gay -Iowa Program for Assistive Technology, Iowa COMPASS
Jane-gay@uiowa.edu – 1-800-779-2001*

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JCLC Aging Specialist Update: Making a Better Web site

By Mary Willie

You might wonder what an Aging Specialist for a Livable Community does. I know I did before stepping into this position six months ago. As the organization's only part-time staff, I do many things to assist the Policy Board and work groups. My primary focus, thus far, has been providing management of JCLC's Web site, www.LivableCommunity.org. With nearly 20 years of Web site management and media experience, and an educational background in home economics and human development, I'm able to do . . . well, many things, wearing many different hats for JCLC.

My first task in managing the Web site was to learn about the people who use or might use the site. University of Iowa Communications Professor Keli Stueber assisted with site testing and focus group discussions. I learned who wants and needs information to assist elderly persons age successfully in Johnson County. And, I learned what information is most desired, and what Web site visitors expect to find when they visit.

Briefly, it's not the seniors who are in need of services who search for information. It's their children, and sometimes grandchildren, who are the information seekers. This finding applies not only to Web sites, but also to printed materials. Family members search service providers, costs and eligibility requirements. These family members understand there isn't a price tag that can be placed on services – every case is different and requires varying levels of service. But, at minimum they want to know how costs are determined, and what amount is a reasonable starting point to estimate costs.

JCLC Web site users expect a site that is easy to navigate, easy to understand and easily found on a search engine. They want information in terms that make sense to someone who is not a social worker, a geriatrician, a medical professional or an insurance agent. And, they want to be able to ask intelligent questions when they contact a service provider. They're willing to do their research so they can make the best possible decisions for their loved ones. Once they know who, how much and whether or not their loved one is eligible, they want to pick up the phone and speak with a live person.

Since most of those who seek information are themselves, or soon to be, senior citizens, they want to know about volunteer and educational opportunities as a secondary purpose for visiting the Web site www.LivableCommunity.org. They also want to learn about upcoming events that will help them (or a

parent), and they want information about classes to help them plan their own futures or provide entertainment.

Armed with this information, I've begun the process of updating the Web site. Our first step was to pull together a small team to develop efficient processes and procedures to update service provider information. This team includes Jamie Backhaus, UI Aging Studies Program intern; Israel Tutson JC's social services department; community advocate Bob Welsh; and me. Updating provider information is an ongoing task. Our goal is to contact every provider each year.

JCLC will do its best to provide the accurate cost and eligibility information that family members said was most important to them. There are many components to a livable community. One of them is building a strong network of informed and confident family caregivers.

Additional content updates are planned for the Web site along with changes to make locating information easier. If you have suggestions or ideas, please contact me at johnsoncounty@livablecommunity.org or call at 319.330.1630.

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Welcome Lori Benz: The **Livable Community Policy Board** welcomes Lori Benz as its newest appointed member. Lori has spent the past 17 years as Administrator for the University of Iowa Center on Aging. Previously, Lori was with

the Iowa City/Johnson County Senior Center for 11 years and spent an additional four years in Adult Services at the Linn County Department of Human Services. In her spare time, Lori serves on several Livable Community work groups. She brings an extensive aging-related background along with interdisciplinary research, education and information, and knowledge of emerging issues, policies and research in aging and familiarity with state, regional and national organizations that address aging-related needs. Welcome, Lori.

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Older Iowans Day at the Iowa State Fair - Wednesday, August 18 - Iowa State Fairgrounds, Des Moines. Iowans age 60-plus years and family caregivers are invited to a fun-packed day at the Older Iowans Day at the Iowa State Fair in Des Moines on Wednesday, August 18. Special programming is planned for the entire day at the Maytag Theaters. (Sponsored by the Iowa Family Caregivers Assoc.)

Give to support JCLC's work -



YOU can support the Johnson County Livable Community with a tax-deductible donation. Make checks payable to the Community Foundation of Johnson County.

**On the memo line please write
"Johnson County Livable Community"**

please indicate on your check if you wish your donation to go to the JCLC "Endowment Fund*" or the JCLC "Charitable Giving Fund*"

Send your donation directly
to: Community Foundation of Johnson Co. 325 E. Washington Street Iowa City, IA 52240

**"Your donation will further the work of Johnson County Livable Community work groups and help make all of Johnson County
"a Great Place to Age Successfully"**

* Tax-Deductible Donations to Johnson County Livable Community – may be targeted to the JCLC "Endowment Fund" or the JCLC "Charitable Giving Fund." Contributions to the "Endowment fund"(1) are eligible to receive the 25 percent Endow Iowa tax credit (1). Contributions to the Charitable Giving Fund do NOT receive the Endow Iowa Tax Credit. If you state no preference, your undesignated gift will be evenly split between the funds.

(1) Endowment funds deductibility as described in the 2008-2009 Community Foundation of Johnson County Annual Report, p. 8.

JCLC Policy Board

- Johnson County - Livable Community for Successful Aging Policy Board members



The Johnson County Livable Community Policy Board was created to support the vision of Johnson County a Livable Community. The Policy Board grew out of a grassroots movement and the Consortium for Successful Aging. The Policy Board provides fiscal oversight and program direction to support grants initially received from Johnson County, Heritage Area Agency on Aging, and the State of Iowa. The policy board serves in an advisory capacity to the **BOARD OF SUPERVISORS**.

The Policy Board is appointed by the Johnson County Board of Supervisors. Its responsibilities include financial oversight, monitoring, and program planning to support the vision of Johnson County Livable Community. The Policy Board encourages and supports the efforts of governmental units, businesses and private and non-profit organizations to help Johnson County, with an urban-rural population mix, become a model livable community where all persons can age successfully.

The Policy Board will lead efforts to implement the priorities established at the September 2006 Livable Community planning event sponsored by the Consortium on Successful Aging and AARP Iowa. These include:

- Assuring older persons and their families have easy access to accurate information about county-wide services and activities
- Motivating and engaging seniors about the benefits of physical activity and healthy lifestyles to affect behavioral change
- Addressing barriers to obtaining accessible, universal-designed housing

The Policy Board will facilitate the exploration and implementation of "future directions" contained in the September 2006 reports for:

- housing
- transportation
- health and supportive services
- successful aging covering areas of education and leisure, faith-based opportunities, employment and volunteerism

From the Johnson County Web site



Patti Fields - United Way of JC - 2010 Chair
319.338-7823 - pfields@unitedwayjc.org

Mary Wiemann - Elder Services - Vice-chair
319.338-0515 - mwiemann@elderservicesinc.com

Eve Casserly - AARP - Secretary- Newsletter editor
319.351-1135 Casserly@mchsi.com

Doug Beardsley - Public Health Department
319.356-6040 dbeardsley@co.johnson.ia.us

Lori Benz - University of Iowa
319-339-1855 - loribenz7@gmail.com

Susan Boyd - Iowa City
319.339-5948 - slizboyd@msn.com

Carl Kice Brown - Lone Tree City Council
319.629-5524 - kice@iowatelecom.net

Amy Correia - Johnson County Social Services
319.356-6090 - acorreia@co.johnson.ia.us

Scott Gill - Access 2 Independence of Eastern Iowa
319.338-3870 - scottg@access2independence.org

Linda Kopping - Iowa City Senior Center
319.356-5220 Linda-kopping@iowa-city.org

Larry Meister - Solon Senior Advocates
319.624-2516 - LDklikmeister@aol.com

Elizabeth Selk - Heritage Area Agency on Aging
319.398-5559 elizabeth.selk@kirkwood.edu

Rod Sullivan - Johnson County Board of Supervisors
319.356-6000 rsullivan@co.johnson.ia.us

Steve Trefz - Mid-East Iowa Comm. Mental Health
319-338-7884 - Strefz@meimhc.org

Dee Vanderhoef - Iowa City
319.351-6872 - deevanderhoef@gmail.com

Rev. Bob Welsh - JC Task Force on Aging, past chair:
(2008-2009) 319.354-4618 - welshbob@aol.com

Policy Board members are appointed by the Johnson County Board of Supervisors for three year terms.

Mission Statement: Identify, organize, support and publicize resources to make Johnson County a livable community where all persons can age successfully.

Johnson County Livable Community Policy Board - 11-09-07