

Johnson
County



Johnson County Livable Community For Successful Aging

The JCLC
Newsletter

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Livable Community
for Successful Aging
Policy Board

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Johnson County Livable Community (JCLC) is an initiative of the Johnson County Board of Supervisors.

Its 16-member policy board partners with organizations and businesses to address and facilitate personal independence and an active civic and social engagement for Johnson County residents.

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Message from the Chair



As we head into May, it is important to note that May is Older Americans Month. This year's theme is "Age Strong! Live Long!" I hope that you will agree that Johnson County offers many of the ingredients in that "recipe for strength," and is a perfect fit for this theme with the many activities, volunteer opportunities, healthcare access and services available to older adults.

During May, there will be opportunities to recognize the ongoing contributions of older adults and support them as they enter the next stage in life. I hope that you will take a moment and reflect on and recognize an older adult that has had an impact in your life.

Patti Fields, JCLC Chair

" PAGE TWO "

IN-THE-COUNTY



Editor's Note: This page is an experiment to add a "Page 2" covers just things in the county OTHER than in the Iowa City/ Coralville

/U Heights area. Your suggestions are welcomed.



The rural area parks of Johnson County offer a vast array of educational and recreational opportunities for persons of all ages and activities including swimming, boating, nature trails, hunting, fishing, camping. Our County Conservation Board oversees nine parks that are part of the county system.



F.W. Kent Park: This picturesque 1,082 acres located three miles west of Tiffin on Highway 6 is one of the nicest parks in Iowa.

Kent Park is the home of the

Johnson County Conservation Board Headquarters and the Conservation Education Center. The park provides numerous recreational opportunities. A 27-acre lake, which contains catfish, large mouth bass, bluegill, walleye and crappie, provides the angler with many fine hours of fishing enjoyment and offers a beautiful sandy beach for swimming. The Conservation Education Center is utilized year-round for educational programs and workshops. Youth and adult groups can work with the J.C.C.B naturalist to schedule conservation-related programs in this building. The prairies, forests and wetlands wait to be explored; camping or swim after an afternoon of fishing, hiking or participating in any of the other activities at F.W. Kent Park. The large modern campground is open from April 17 to November 4th. **PH: (319)645-2315**

Cedar River Crossing: This 235-acre tract is located six miles northeast of Solon. About 200 acres are in the Cedar River flood plain and the river bounds the entire property on the east. It is maintained as a wildlife area with public hunting, fishing and hiking. Shallow water wetlands make this a very attractive area to waterfowl. It is home to a vast array of game and non-game species. The Cedar River Crossing also contains an historic site where Native Americans forded the Cedar



Coralville Reservoir Lake: Operated by the US Army Corp of Engineers, the Coralville Dam Complex is a

part of the Coralville Lake Project. Coralville Reservoir is a 5,430-acre reservoir located north of Iowa City along the Iowa River valley. Its wooded environment contains five campgrounds. The area offers lake and river fishing, camping, boating, swimming and water skiing. The Devonian Fossil Gorge attracts many visitors each year. The Coralville Reservoir area in



northern Johnson County is one of Eastern Iowa's top birding locations. Several recreation areas managed by the U.S. Army Corps of Engineers offer access to the reservoir and the adjacent wooded bluffs. The upper flood basin of the reservoir, consisting of open water, wetlands, fields, and woodlands, is managed by the Iowa Department of Natural Resources as Hawkeye Wildlife Area. Lake Macbride State Park, featuring a man-made lake surrounded by wooded uplands and open areas, is located northeast of the reservoir. Macbride Nature Recreation Area, Swan Lake, Hanging Rock Woods and Williams Prairie are other nearby areas which are visited by birders. The quality of the habitat for birds in many locations varies with the water level on the reservoir. Some of the roads are low-maintenance and at times are impassable due to mud, snow or high water. Most of the public areas are open to hunting during season. **PH: (319)338-3543 – Ext. 6301**

Frytown Park: This 94-acre tract is located 10 miles southwest of Iowa City just off Highway 1. Tree and shrub plantings have helped to make Frytown area a wildlife area extraordinaire. Frytown is a popular area for birders as well as turkey, deer and squirrel hunters and one of the few remaining forested areas in this quadrant of the county. Trails throughout the area provide access for hikers as well as hunters. The oak and hickory timber provides excellent hunting opportunities for squirrel, rabbit, turkey and white-tail deer. Hikers have numerous mowed trails to utilize as well as plenty of off-trail opportunities to explore the woodlands.

Hills Access Park: Hills Access is a 40-acre park located one-half mile east of Hills on 520th Street along the Iowa River. Anglers will find plenty of river shoreline for fishing and a boat ramp access to the river. Facilities include: a campground with thirteen 50-amp electrical sites and 12 primitive sites, pit toilets, picnic tables, a playground, grills, fire slabs and drinking water. This park has incurred numerous improvements including a new boat ramp, playground and campsite upgrades.

Lake Macbride State Park: Lake Macbride State Park's 2,180 acres offer much to the outdoor enthusiast with fishing, picnicking, swimming, hiking, camping, boating and more. The park is located in two units. The northern unit lies at the end of Iowa Highway 382, four miles west of Solon. Here you find a modern campground, boat ramps, beach & boat rental, picnic areas and the park office. The southern unit is located off County Road F-28 (Fifth Street in Solon), three miles west of Solon. This unit offers a non-modern campground, boat ramps, picnic areas, a frisbee golf course and a prairie. Swimming is restricted to the designated beach area only. Good catches of walleyes, channel catfish, crappies and bluegill await the angler in the 812-acre artificial lake. Walleyes, channel catfish and muskies are stocked annually. Good lake access is available for both shoreline and boat fishing. Pontoons, motorboats, canoes and paddle boats are available for rent near the beach. **PH: (319)624-2200.**

River Junction Park: A 12-acre county park area located four miles west of Lone Tree and 1/2 mile south of Highway 22 on River Junction Road includes picnic tables, a pit toilet, potable water and camping with a new boat ramp access to the Iowa River or anglers can fish from the shoreline. The Iowa River bounds on the west. The English River flows into the Iowa just a few hundred feet south of the boat ramp.



Sandy Beach & Sugar Bottom Park: Located east of North Liberty at 2192 Mehaffey Bridge Road. Activities at the camp grounds include whitewater paddling, playing golf, fishing, swimming and hiking. For reservations, please call the Coralville Lake Project Office at **(319)338-3543 Extension: 6300.**

Scott Church Park: This 5-acre roadside park is located 6 miles southeast of Iowa City at the junction of American Legion Road and Highway 6. Scott Church has the distinction of being the "first" county park. Facilities include a picnic area, tables, a swing set, play area, potable water supply and a pit toilet.



Solon Prairie Park: The Solon Prairie, located within the city limits of Solon, is a 3-acre tract reputed to be a virgin prairie that has never been plowed. One hundred and five Prairie species have been identified on the site. The Solon Prairie is a living natural



history museum and gives the visitor a microcosmic view of the predominant vegetation of 80 percent of the state of Iowa at the time of settlement and is a valuable outdoor classroom. This prairie contains more than 157 native plant species.

Sutliff Park: Sutliff Access Park is a small half-acre area, located nine miles NE of Solon in the settlement of Sutliff. There is a picnic area and boat ramp which provides access to the Cedar River. The Sutliff Bridge, damaged in the '08 floods, was built a couple decades prior to the advent of motorized vehicles. It is the longest Parker Truss Bridge in the U.S. It is listed on the National Historic Registry. See "Ode to Sutliff Bridge" at <http://www.youtube.com/watch?v=hjTu9YLVG1M>

Walker Park: This little park is located 6 miles west of Lone Tree and one-half mile south of Highway 22 in the ghost town of River Junction. It is named in honor of Henry Walker, an early settler of the county. Walker donated what was described in an old account as "the beautiful grove for the use of the Old Settlers of Johnson County. Where, under the shade of the great oaks, maples and hickories, the first settlers of Johnson County, with their wives and descendants, could fittingly celebrate the anniversaries of their yesterdays and meet together in neighborly feasting and conversation." A concrete block building, known as the Henry Walker Memorial Building, was erected there in 1912. It was nominated for listing on the National Register of Historic Places in June 2001. The Old Settlers Association host spring and fall festivals which are an integral part to the success of this little park.



Readers Comment:

I especially like the new Page 2 section that highlights the various communities; the best effort so far to create a cohesive overview of the wonderful diversity that is Johnson County: Highlighting activities that are major events in these communities is a real eye-opener. Kice made a great suggestion and it was put in good form. I look forward to the next issue. Thanks for your vision.

Janice Frey: Iowa City

I still get the newsletters. You must be very pleased with the great success of this effort. Please convey my congratulations to the team.

Ralph Wilmoth: Colorado

NOTE: Ralph was one of the founders of JCLC when he served as Director of Johnson County Public Health Department)

May is Older Americans Month in Johnson County and across the Nation!



AgeStrong! LiveLong!

Long!” – recognizes the diversity and vitality of today’s older Americans who span three generations.

May is Older Americans Month—a tradition dating back to 1963 to honor the legacies and ongoing contributions of older Americans and support them as they enter the next stage in life. This year’s Older Americans Month theme - “Age Strong! Live

History of Older Americans Month: When Older Americans Month was established in 1963, only 17 million living Americans had reached their 65th birthdays. About a third of older Americans lived in poverty and there were few programs to meet their needs. Interest in older Americans and their concerns was growing, however. In April 1963, President John F. Kennedy's meeting with the National Council of Senior Citizens served as a prelude to designating May as "Senior Citizens Month." Thanks to President Jimmy Carter's 1980 designation, what was once called Senior Citizens Month, is now called "Older Americans Month," and has become a tradition. It has become a time to acknowledge the contributions of past and current older persons to our country, in particular those who defended our country. Every President since JFK has issued a formal proclamation during or before the month of May asking the entire nation pay tribute in some way to older persons in their communities. Older Americans Month is celebrated across the country through ceremonies, events, fairs and other such activities.

.....**Sally Stutsman, Chair**

Johnson County Board of Supervisors

“Older American Month is an ideal time to recognize and celebrate the importance, diversity and vitality of older Americans in Johnson County. The theme of this year’s celebration, Age Strong! Live Strong! definitely reflects what being an older American in Johnson County is all about. The services provided, the support systems and the many activities available to seniors help to make Johnson County a great place to live.”



MORE MAY EVENTS

(Photo at left by Ina Loewenberg)
(Winner, Art to Go – ICPL – 1987)

Elder Services, Inc. is proud to celebrate Older Americans in our community with the second annual Elderberry Tea on **Sunday, May 2, 11:30 a.m. at the University of Iowa Athletic Club.** This “High Tea” social event serves as the primary fundraiser for Elder Services, Inc. More than 200 seniors, families and Elder Services, Inc. supporters attended the inaugural event last year. Join in the fun – call 338-0515. Event tickets \$25 per person, raffle tickets \$5.

AARP’s Driver Safety Program State Coordinator – Mark Haverland – former director of the Iowa Department of Elder Affairs (now the Department on Aging) will speak about AARP driver safety programs available. Program on **May 3 at 2 p.m. at the Iowa City Public library** is co-sponsored by Johnson County AARP Chapter and the JCLC Transportation Committee.

The Implications of Health Care Reform for Seniors will be the title of a presentation by Peter Damiano, Director, Public Policy Center at The University of Iowa. This event co-sponsored by the Johnson County Task Force on Aging and Johnson County Livable Community will be held **Monday, May 10th at 2:00 PM in the Schwab Auditorium of Coralville Library.**

Many Johnson County communities will be following the President of the United States in proclaiming May as Older Americans Month – this at various area council or Board meetings. For example:

Coralville – April 27 – 7 p.m. – Council Chambers

Hills – May 10 – 7 p.m. – Hills Fire Station

Iowa City – April 27 – 7 p.m. Council Chambers

Johnson Co. Board of Supervisors – May 6–9 a.m.

Lone Tree – May 3 - 5:30 p.m. - City Hall

North Liberty – TBA - watch web site for information

Oxford - TBA – watch web site for information

Solon * - May 5 – 5:30 p.m. - Solon Public Library

Tiffin - April 14th – 6:30 p.m. – Springmier Library

* Solon Council will also follow their established tradition of proclaiming a Solon Area “Senior Citizen of the Year.”

Live At Prairie Lights: 15 South Dubuque Street, May 18 at 7 p.m. Ina Loewenberg of the Johnson County Livable Community Communications group will introduce a panel of local people including author Sandra Hudson, who will read from her recently published book *Strike Zone*; Claudine Harris, reading from her latest book *Echospace*; Mary Vasey will read "Rubber-Jell-o" from the University Club writers group volume, *Magic in Black and White* and Cari Malone and Rob Dietrich from the Senior Center's Reading Aloud group reading poems by Paul Zimmer. The event is free and open to the public.

Hunger & Aging in Iowa

May 21 – 8a.m. to 12 noon – Cedar Rapids

Kirkwood Community College Continuing Education Building-

"Every night almost one in 20 Older Iowans go to bed hungry," according to the national report, "The Causes, Consequences, and the Future of Senior Hunger in America." A forum, **Hunger and Aging: A Conversation for Iowans**, will be hosted by the Heritage Area Agency on Aging, Kirkwood Community College, Johnson County Livable Community, Johnson County Task Force on Aging, United Way of East Central Iowa, Linn County Elderly Services Community Planning Committee and Witwer Senior Center and other community partners on May 21 in Cedar Rapids. The forum hopes to shed light on this real problem and start identifying strategies to address this critical issue for seniors in our community. Keynote speakers are Kevin Concannon (pictured), Under Secretary for Food, Nutrition, and Consumer Services and Enid Borden, Enid Borden, President and CEO of Meals on Wheels Association of America. Other confirmed speakers include Director John McCalley from the Iowa Department on Aging and Director Charles Krogmeier from the Iowa Department of Human Services. For more information call the Heritage Agency at 1 (800) 332-5934. To register for this **free forum** go to www.kirkwood.edu/ce or call (319)398-1022 or toll free 1-800-332-8833 and reference course number CLPD-8000-2975.



Older Americans Month Local TV Presentations

These programs will be scheduled at varying times on Channel 4 Iowa City and on other local area community cable services

Livable Housing . . . As part of its celebration of Older Americans Month in May, the Johnson County

Livable Community work group on housing will sponsor a televised tour of a livable home in the Greenway Development in Coralville. The tour will air on City Channel 4. The house is home to Carol Thompson and Ernie Nicholas, and is one of the first in the area to qualify for the **Homes For Life certification** now offered by the area Home Builders Association in conjunction with city and county building departments. Development of the certification was one of the initiatives of the housing work group. The Thompson/Nicholas home plan was adapted from a traditional house plan, and features an open floor plan with wider hallways and doorways to accommodate an owner or visitor who might need to use a wheelchair or require assistance with tasks of daily living. In addition to the basic requirements for the Homes for Life Program, the home has other Universal Design features as well as some individual adaptations for the owners, and it meets Energy Star requirements. It was constructed by Allen Homes, Inc.

PLAN YOUR FUTURE (formerly known as the "End of Life" workgroup) plans a televised program featuring a panel on **STARTING THE CONVERSATION**. The specific topics to be covered and presenters are:

- Driving - Lori Benz,
UI Center on Aging
 - Caregiving - Jeff Kellbach,
Pathways Adult Daycare
 - Serious Illness - Maggie Elliott,
Iowa City Hospice
 - Financials- Larry Meister,
Solon Senior Advocates
- Lori Benz will serve as the panel moderator.

Additional newly televised programs will be available on local subjects including "Take Charge of Understanding Your Health" "How to Talk To Your Doctor", Chore Work Group, Transportation Planning, Local Senior Transportation assistance with SEATS and Seeking Employment.



A Unique & Welcome Gift

For SEATS-eligible Seniors....A great "buy-local" gift for Mother's Day (May 9) or Father's Day (June 20) – or for your favorite Senior **for Older Americans Month** – or just because you're such a considerate person and want to help someone. **Gift Pass Cards good for 10 rides with SEATS are available. Call SEATS at (319)339-6128 to purchase or to find out about eligibility for your own Special Senior.**

DID YOU KNOW? Johnson County SEATS made more than 103,500 trips in 2009.

Senior transportation is a complex problem that touches every family in America. In fact, it touches every family in every industrial country in the world. We must think of senior transportation as a lifelong need for which we must plan, just as we plan for retirement or long-term care needs: At the most recent White House Conference on Aging, mobility was ranked the third highest issue for older people -- ahead of Social Security and Medicare. **Today, people remain active and independent into their 80s and beyond, and outlive their decision to stop driving by as much as a decade.** That's too long to depend on favors, even from family."

(iTNAmerica, Portland, Maine)

WEB update: Aging Specialist Mary Willie is working on improvements and revisions to the JCLC Web site. Watch for future changes at - www.livablecommunity.org

In the News

Johnson County Older Americans Wellness Fair



The Johnson County Livable Community initiative in partnership with the Johnson County Elderly Consortium and multiple other area providers invites you to the first annual Johnson County Older Americans Wellness Fair to be held at the **Johnson County Fairgrounds on April 30 from 9 a.m. to 4 p.m.**

There are approximately 25,000 persons ages 55 years and older in Johnson County. The Wellness Fair is intended to orient older adults and their families to issues that affect their health and to connect them with any services they need. Businesses and non-profit organizations will be on hand to share their information and numerous health screenings including: fall and balance, postural and weight, glaucoma, audiology, oral cancer, leg screenings and blood pressure.

Education opportunities will be offered each half hour. Qualified speakers will conduct seminars on topics including: Veterans Benefits, Investment Strategies for Seniors, Maintain Your Brain, How to Talk to Your Doctor, Senior Travel, Medication Questions

Answered and Cooking For One featuring Chef Ron Hall, executive chef at Mercy Iowa City.

A free lunch will be provided by Elder Services and the Heritage Area on Aging. Johnson County Mayors will be on hand to serve lunch and meet their constituents.

Park and Ride locations with shuttle service through Southeast Iowa Ambulance will be available at the Coralville Wal-Mart, Stuff East/Slumberland parking lots and at the Senior Center at various times throughout the day. Call 356-5200 to reserve. Handicapped parking is available at the fairgrounds.

"Too often families act when placed in a crisis situation. This fair is intended to provide Older Americans and their families an opportunity to gather information allowing for thoughtful planning," said Kate Skapyak, Community Relations Director at Bickford Senior living and one of the organizers of the fair. "The goal of the fair is to enable the Older American to maintain control over the decision making process in their own lives allowing them to stay in the theoretical driver's seat," said Skapyak.

For more information contact Kate Skapyak at Bickford Cottage (319)325-4964 or kate.skapyak@enrichinghappiness.com or Michelle Buhman at the Senior Center at 319-356-5224 or michelle-buhman@iowa-city.org or

How to Talk To Your Doctor: Two gerontologists will present programs related to patient-doctor communication at the Wellness Fair at the Johnson County 4-H Fairgrounds on Friday, April 30. Dr. Paul Mulhausen will address "Take Charge of Understanding your Health" from 1:30 to 2 p.m. and Dr. Richard Doby's subject will be "How to Talk to Your Doctor" from 2:15 to 2:45 p.m.

A new Senior Resources Directory for the Iowa City/Coralville area will be available for pickup at the Older Americans Wellness Fair at the Fairgrounds on April 30th. This is made available by Dan Adams.

JCLC Listed in National Compendium

March 2010: Johnson County received notice that JCLC has been selected as one of 120 groups in the nation to be listed in the "Compendium of Community Aging Initiatives" by the Center for the Advanced Study of Aging Services - Improving Services for the Elderly through Research, Collaboration and Education. JCLC was the only group in the state of Iowa

recognized in this work by the School of Social Welfare at the University of California at Berkeley in Berkeley, California. Thanks to Bob Welsh for his work on this. See the full announcement on the web site – www.livablecommunity.org

JCLC Chore Services – JCLC Chore Service Spring Cleaning Day was held on Saturday April 10 in the Iowa City/Coralville area. Coordinated by Elder Services, Inc., Iowa Valley Habitat for Humanity and University of Iowa Civic Engagement Program student volunteers, it is supported with partial funding received through a Community Impact grant from United Way of Johnson County. The service was available to eligible elderly and disabled homeowners applicants who are at 80 percent or less of median income. Volunteers traveled throughout Iowa City and Coralville to perform outdoor clean-up tasks such as cleaning gutters, washing windows and raking lawns for senior residents living in those communities.



Fall Prevention – A Top Priority for Everyone

In Johnson County, falls are the leading cause of injury hospitalization for persons who are 45-plus years. For former Hawkeye Wrestling coach Dan Gable falls meant a win. On Thanksgiving eve 2009, Gable encountered another kind of fall in which he broke his leg and became part of the statistic above. *Read full Press-Citizen article (written by Lori Benz of UI Center on Aging and Joyce Eland of VNA)– at www.livablecommunity.org*

JCLC, along with other county organizations, is making fall prevention and awareness a top priority. The effort includes a year-long awareness campaign which kicked off with the January 13th *Press-Citizen* Guest Opinion piece linked above. The campaign will include events throughout the year.

The JCLC Housing work group provided an informational Home Modifications exhibit showing options to make homes safer and reduce the risk of falls during the month of March at Sycamore Mall. Johnson County AARP plans to have smaller displays at various area sites during May. Thanks to Jane Gay and others for their work on this.

Senior Housing news: New Policy Toolkits Now Available Online! Check it out at http://www.housingpolicy.org/toolbox/older_adults.html . . . **HousingPolicy.org** is pleased to announce the release of two new policy toolkits which mark the

expansion of the existing online Toolbox.

[Meet the Housing Needs of Older Adults](#)

This new toolkit provides information on tools that enable older adults to access affordable homes and services. The information is organized into three sections:

- **[Provide accessible, safe, and affordable homes](#)** covers subsidized housing, universal design and “visitability,” and home weatherization.
- **[Improve access to social services and transportation options](#)** highlights strategies that link homes with services and affordable transportation options.
- **[Support housing models geared to older adults](#)** explores housing alternatives for older adults, including supportive housing and cohousing.

Information submitted by Leonard Sandler

VOLUNTEER FOR YOUR HEALTH

Last July, the Gazette reported that **volunteerism in Iowa City ranks as one of the top four cities in the state of Iowa.** It also ranks as one of the top 20 communities in the country, as reported by the Corporation for National and Community Service. Iowa City ranks No. 2, with 49.2 percent of its adults connected to volunteer service. The state of Iowa ranks No. 5 in the nation, up one spot from last year!



More studies reveal that **volunteering is not only good for the community but good for the health of the person who volunteers.** During the past 20 years, a growing body of research indicates that, in addition to social benefits, volunteering provides substantial health benefits, such as lower mortality rate, greater functional ability, and lower rates of depression later in life. Studies are supported by health and volunteer data from the U.S. Census Bureau and the Center for Disease Control. More information can be found at www.nationalservice.gov/pdf/070506hbr.pdf and in the Corporation’s annual report, *Volunteering in America: 2009 State and City Trends and Rankings.*

*Written by Joan Cook, RSVP Director 319-356-5218
Serving Johnson, Iowa, Des Moines, and Muscatine counties
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DID YOU KNOW?

- There are 324 Johnson County registered non-profits and many of these competing for funds.
- Johnson County is the 5th wealthiest county in the state of Iowa
- Johnson County is the 98th “youngest” county in Iowa (with Story being younger)

Johnson County Livable Community - 2010

Facts about Johnson County older residents By the Numbers

Older Americans are living longer, staying healthier and living a more active life. The Johnson County AARP theme, "Aging without Limits," reflects the positive impact our growing senior population has on the economic, social and cultural vitality of our communities and adds to our identity as a "livable community" for successful aging.

65 and older population

10,417

estimated number of people age 65 and older in Johnson County in 2008. This age group accounted for **8.1** percent of the total population. Between 1990 and 2000, the size of this age group increased by 1,162 people or 9.07 percent.

24,894

is the projected population age 65 and older in Johnson County in 2030. According to the U.S. Census Bureau, this age group will constitute **13.49** percent of the county's total population.



Johnson County 65 and older population has grown

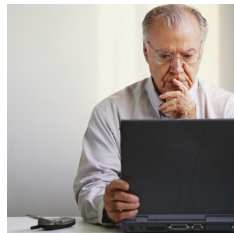
- 1970 – 5,014
- 1990 – 7,155
- 2000 – 8,310
- 2010 estimated – 11,184
- 2020 estimated – 18,132

55 and older population

- 1970 – 9,247
- 1990 – 12,330
- 2000 – 15,090
- 2008 – **22,186** represents **17.32**

percent of total population

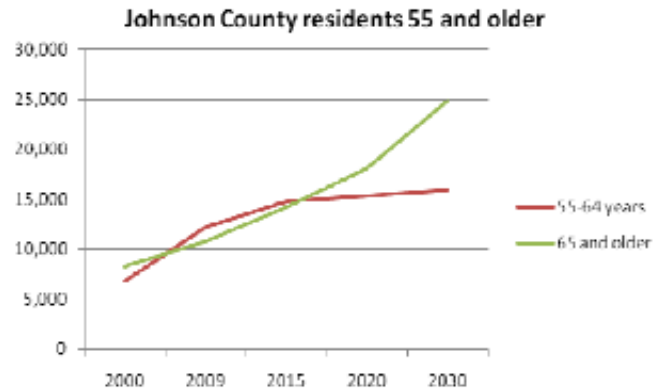
- 2010 estimated – 24,010
- 2020 estimated – 33,490



Total occupied housing units — 49,803

- 2008 – **7,292** households had one or more people 65 and older living in the household — **14.6 percent**
- Households with one or more people 60 and older — 20.2 percent
- Households with one or more people 65 and older — 6.6 percent

Source: U.S. Census Bureau, 20006-2008 American Community Survey; Iowa Data Center Consolidated Federal Funds Report 2008; Source: U.S. Census Bureau, 2008 American Community Survey; U.S. Dept. of Commerce; 2009 WOODS & POOLE ECONOMICS, INC.



Johnson County residents ages 55-64 years 65 and older

2000	6,797	8,300
2009	12,103	10,825
2020	15,361	18,132
2030	15,938	24,894

Iowa population 55 and older

- 2000 – 23.7 percent
- 2001 – 23.8 percent
- 2002 – 24.2 percent
- 2003 – 24.5 percent
- 2004 – 24.8 percent
- 2005 – 25.1 percent
- 2006 – 25.4 percent
- 2007 – 25.9 percent
- 2008 – 26.3 percent

Source: Woods & Pool Economics 2009; Iowa Data Center

Iowa City No 1 - Healthiest Town

In the U.S. in 2010 (Source: Men's Journal)

Volunteers

No. 2 - Volunteers (49.2 percent)

In the nation for volunteering in 2009.

State of Iowa — No. 5 in the U.S.

Source: Volunteering in America: 2009 State and City Trends and Rankings



Johnson County Livable Community is an initiative of the Johnson County Board of Supervisors. A 16-member policy board partners with organizations and businesses to address and facilitate personal independence and an active civic and social engagement for Johnson County residents.

Economic impact

\$397.59 million

Represents the amount of aggregate personal income distributed to elderly households in Johnson County.

- **\$39,862** per senior age 65 and older
- **\$108,144** million in medical-related expenditures on their behalf

Senior citizen spending supports **4,892** jobs in Johnson County. These jobs represent

- **\$171.03** million in labor income to workers and sole business proprietors
- An average income of **\$34,329** to senior-related jobs.

Local spending by average Johnson County senior supports

- **1/2** of a job in the rest of the county's economy
- **\$17,170** in Johnson County labor income.

Source: Iowa State University: U.S. Department of Commerce, Bureau of Economic Analysis, "Annual State Personal Income", Table SA030, released 10.16.09

Education

87.3 percent

of Johnson County residents age 65 and older in 2007 with at least a high school diploma in 2007.

36.4 percent

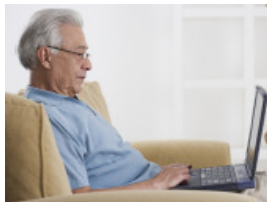
of Johnson County population age 65 and older who had earned a [bachelor's degree or higher education](#) in 2007 Johnson County residents age 25 and older who had earned a bachelor's degree was 28 percent; Johnson County residents age 25 and older who had earned a graduate or provisional degree was 23.9 percent.

Source: U.S. Census Bureau, 2006--2008 American Community Survey

Serving our Nation

2,303

Estimated number of people age 65 and older who were Johnson County Military Veterans in 2008.



Source: U.S. Census Bureau, 2006-2008 American Community Survey

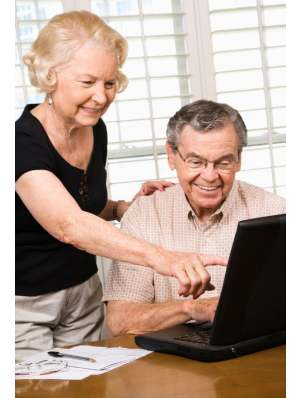
JCLC gratefully acknowledges assistance from Beth Henning, State Library of Iowa, State Data Center; Deb Ostrem, Iowa Workforce

Johnson County is home to the University of Iowa, a variety of arts and cultural activities and numerous businesses reflecting our area's progress and national rankings. Our livability is reflected in our communities, jobs, schools, a reasonable cost of living and steady population growth and the ability to age successfully.

Employment

Johnson County total employment

2000 -	87,607
2009 -	104,710
2015 -	115,522
2020 -	124,653
2030 -	145,129



Johnson County employment

of individuals **55 and older** is growing

2004 -	8,933 individuals
2006 -	12,185 individuals
2008 -	12,589 individuals

10,503

Number of Johnson County residents age 55-64 who were in the labor force in 2008

12,589

Number of Johnson County residents age 55 and older who were in the labor force in 2008

The largest industries employing those 55 and older are:

- Educational services
- Health care and social assistance
- Transportation and warehousing
- Manufacturing

Source: US Census Bureau, Local Employment Dynamics and Iowa Workforce Development Statistical Bureau/Retrieved January 2010

Development Employment Statistics Bureau; and Prof. Dave Swenson, Iowa State University. Prepared by Linda Schreiber - March 2010.

Johnson County Livable Community

2010 Work Groups Volunteer Opportunities

In 2008, following a three-year review, comprehensive survey and extensive data collection, the Johnson County Board of Supervisors created an initiative to aid seniors and appointed a 16-member policy board. Johnson County Livable Community (JCLC) board members serve **three-year terms** and direct the work of nearly 20 action teams and work groups. More than 200 individuals and groups from local, state, national, public and private and media organizations make up JCLC partners' resource network and share innovative ideas about livability and community improvement to assist and encourage successful aging throughout Johnson County.

JCLC agency partners offer inventive programs to help our seniors. Our partners connect seniors with resources and choices that allow them to maintain personal independence and an active and engaging civic and social life. These public and private coalitions enhance our area's extraordinary quality of life and boost economic development and entrepreneurial businesses that support our senior residents. All JCLC work groups are engaged in a campaign for aging successfully and encouraging inner-generational cooperation and activities.

Work groups include the following:

Housing

- Chore services, home modification and downsizing
- Choice and options

Health Care

- Campaign to age successfully
- How to talk to your doctor & health professionals
- Preventing falls
- Mental health and substance abuse
- Plan Your Future/ End of life / transition
- Peer listening / Visiting / Congregate meals

Senior-friendly business

- Employment opportunities
- Entrepreneurial businesses


Safety

- Disaster Preparedness

Communication

Transportation

Fund Raising



YOU can support the Livable Community for Successful Aging Initiative

with your tax deductible donation. Checks should be made payable to the Community Foundation of Johnson County.

On the memo line please write “Johnson County Livable Community for Successful Aging.” –

and please indicate on your check if you wish your donation to go to the JCLC “Endowment Fund*” or the JCLC “Charitable Giving Fund*”

Send your donation directly to:
Community Foundation of Johnson Co.
....325 E. Washington Street
....Iowa City, IA 52240

“Your donation will help us to further the work of the Livable Community groups and help all of in our goal to make all of Johnson County **“a Great Place to Grow Up and to Grow Old !”**

* Tax Deductible Donations to Johnson County Livable Community – may be targeted with to the JCLC “Endowment Fund” or the JCLC “Charitable Giving Fund”. *Contributions to the “Endowment fund”(1) are eligible to receive the 25 percent Endow Iowa tax credit. Contributions to the Charitable Giving Fund do NOT receive the Endow Iowa Tax Credit.*

(1) Endowment funds deductibility as described in The 2008-2009 Annual Report of the Community Foundation of Johnson County, p. 8.

How far you go in life depends on your being tender with the young, compassionate with the aged, sympathetic with the striving and tolerant of the weak and the strong – because someday you will have been all of these.

George Washington Carver - (1864 - 1943)

