



CONNECT, CREATE, CONTRIBUTE MAY 2019

# Older Americans Month Events

[www.livablecommunity.org](http://www.livablecommunity.org)

## >> FREE >>

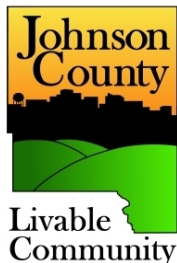
All events are free and open to the public.

## >> RSVP for FREE LUNCH >>

To help ensure there are enough lunches for everyone attending, please RSVP early.

RSVP at

[www.signupgenius.com/go/8050d4ea5aa2fa2fa7-older](http://www.signupgenius.com/go/8050d4ea5aa2fa2fa7-older)



## >> MORE INFO >>

Jeff Kellbach, *Aging Specialist*,  
Johnson County Social Services,  
Iowa City >> 319-356-6090 >>  
[jkellbach@co.johnson.ia.us](mailto:jkellbach@co.johnson.ia.us) >>  
[www.livablecommunity.org](http://www.livablecommunity.org)

## MAY 2 >> SENIOR CENTER OPEN HOUSE

4 - 7pm >> Senior Center, 28 S Linn Street, Iowa City  
Iowa City/Johnson County Senior Center

Come and learn what The Center has to offer the community. Refreshments, entertainment and door prizes.

## May 8 >> COMMUNICATION MUST-HAVES

11:30am - 1pm >> Iowa City Area Association of Realtors (ICAAR), 847 Quarry Road, Coralville

Aging In Place Forums, JCLC Housing Committee

This discussion addresses how to have open communication with family, caregivers and providers to create a successful plan for remaining at home. This partner event is the first in the series of 2019 Aging in Place Forums.

>> [RSVP](#) by May 2, 2019.

## May 23 >> EMBRACING THE CAREGIVER ROLE

11:30am - 1pm >> Johnson County Health & Human Services Building, Room 203, 855 S Dubuque Street, Iowa City

Sara Sanders, PhD, Director, School of Social Work, University of Iowa

When is the appropriate time to seek assistance for a loved one? What prevents caregivers from accepting help? Caregiving is a complex and emotional topic. This presentation approaches ways to create a successful plan, and move forward in becoming an effective caregiver.

>> [RSVP](#) by May 19, 2019.

## May 29 >> AARP FRAUD PREVENTION

11:30am - 1pm >> Coralville Public Library, Room AB, 1401 5th Street, Coralville

Sally Leme, PhD, AARP Fraud Watch Speaker & Volunteer Network; Rob Swank, Detective, Coralville Police Department

The AARP Fraud Watch Network has been established to arm Americans with tools to spot and avoid fraud and scams. The Network educates, serves as a resource, and acts as watchdog in order to help individuals recognize and avoid fraud.

>> [RSVP](#) by May 23, 2019.

