



Johnson County Livable Community

JCLC partners with businesses, organizations, professionals and volunteers to address and facilitate personal independence and active civic and social engagement for Johnson County senior residents.

SAVE THE DATE

Thursday, November 15, 2018



CAREGIVER WELLNESS DAY

Thursday, November 15, 2018

8:30 a.m. - 3:30 p.m.

The Hotel at Kirkwood Center, Cedar Rapids



CAREGIVER
WELLNESS DAY

2018 Keynote Speakers



Mary Sharp is a veteran educator. Her focus has always been on enhancing environments in ways that are alive with possibilities to create, explore and have fun. "Active Living" is the phrase she has chosen to describe her current objective in dementia care. Whether caregivers have an afternoon (almost never) or only a few minutes, there are many ways to bring joy and interactive opportunities for those who have lost the ability to respond in "normal" ways. Mary has shown thousands how to make it happen and continues to travel the world doing so.

Rachel Kail will be returning to the stage to present with her mother, Mary, for this special conference. She earned her degree in Psychology from the University of South Florida, but career plans took a right turn when her grandmother's dementia became more severe. She quickly adjusted her focus and, as a student of dementia, found her passion. Rachel traveled and taught alongside her mother for more than a decade and now her full-time work is being a mother.



*Proudly serving Benton, Cedar, Iowa, Johnson, Jones, Linn and Washington County.

FREE respite care available. For more information or to register, please call Maria Donohoe at (319) 540-5079.