



Johnson County Livable Community

JCLC partners with businesses, organizations, professionals and volunteers to address and facilitate personal independence and active civic and social engagement for Johnson County senior residents.

Connecting You to the Corridor

by Kelly Schneider, Johnson County Mobility Coordinator

The Corridor is more connected now than ever before thanks to the 380 Express bus, which began operation on October 1st. Funded by East Central Iowa Council of Governments and the Iowa DOT, 380 Express offers ongoing public transit between downtown Cedar Rapids and downtown Iowa City.

The 380 Express bus operates weekdays from 5:20am to 8:40pm running every 30 minutes during peak hours and every 60 minutes during midday.

Service stops are at Ground Transportation Center in Cedar Rapids, Kirkwood Cedar Rapids Campus, Coralville Intermodal, University of Iowa Hospitals and Clinics, and Court Street Transportation Center in Iowa City.

One-way fare is \$1.75 for seniors (60+ years) and people with disabilities, with proof. A full price one-way fare is \$3.50. Reduced monthly and 10-ride passes are available. Buses are accessible to people with disabilities.

Learn more about their services at www.380express.com or call 319-362-0375.

Give it a go!

**Take the 380
Express to the
Caregiver
Wellness Day
on Nov. 15**



You can take the 380 Express bus to the Caregiver Wellness Day on Thursday, November 15.

Make your plans today

To arrange a special transfer to the Caregiver Wellness Day at The Hotel, from the 380 Express bus stop at the Kirkwood Cedar Rapids Campus, contact **Kelly Schneider**, Johnson County Mobility Coordinator, at **319-356-6090** or kschneider@co.johnson.ia.us.



CAREGIVER WELLNESS DAY

**Thur. November 15
8:30am to 3:30pm**

The Hotel at Kirkwood Center,
7725 Kirkwood Blvd. SW,
Cedar Rapids

RSVP by Nov. 8
319-540-5079

Learn more. Visit JCLC Events Calendar to learn about keynote speakers, to watch a short video about the day, and for a basic schedule of events.
www.livablecommunity.org/Events/20181115/1296/Caregiver-Wellness-Day-2018.aspx